

Ko En Kendo Kai COVID-19 Guidance Document

Last updated: 23/09/2020

Purpose for Document:

To collate any guidance on COVID-19 mitigation measures as it applies for kendo training.

To advise the leaders of Ko En Kendo Kai on what changes need to be made to training to keep within official guidance.

Guidance

Coronavirus outbreak FAQs: what you can and can't do

<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do#visiting-public-places-and-taking-part-in-activities>

Updated 22/09/2020

“From 24 September, organised indoor sport and indoor exercise classes can continue to take place with larger numbers present, provided groups of more than six do not mix. If groups of six are likely to mix, these indoor activities must not go ahead.” – Section 3.15

“There are exceptions where groups can be larger than 6 people, including... supervised sporting activity (indoors or outdoors) for under-18s” – Section 2.10

“All supervised activities for under 18s, including sports and exercise groups, indoors and out, are permitted where a risk assessment has been carried out.” – Section 3.15

Protective measures for holiday and after-school clubs, and other out-of-school settings during the coronavirus (COVID-19) outbreak

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-out-of-school-settings-during-the-coronavirus-covid-19-outbreak#personal-protective-equipment-ppe>

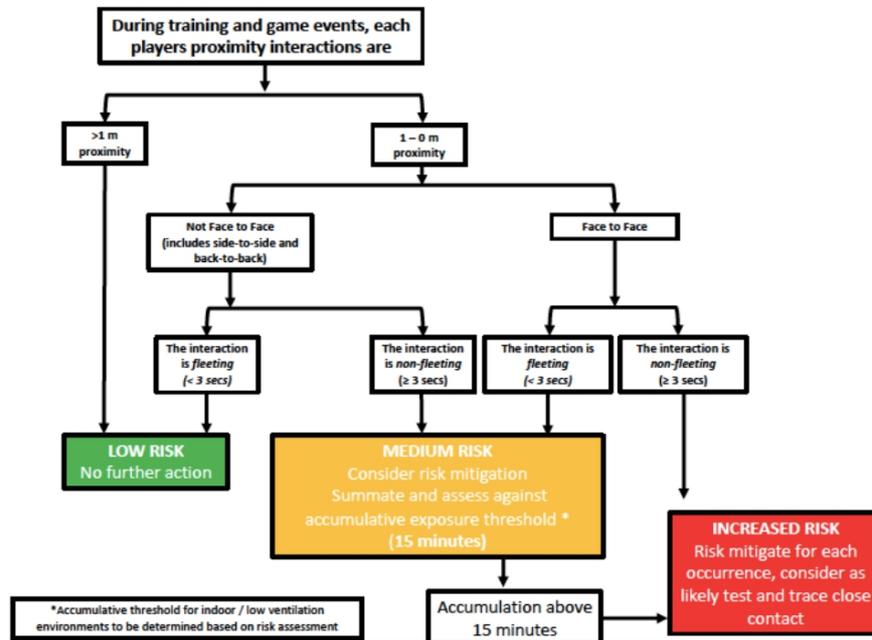
Updated 20/08/2020

“Public Health England does not (based on current evidence) recommend the use of face coverings when children are participating in out-of-school settings activities. This evidence will be kept under review.”

Return to recreational team sport framework

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/return-to-recreational-team-sport-framework#appendix>

Updated 18/09/2020



Measures in Place

Tsubazeriai and tai-atari are not to be incorporated into training.

Practitioners are not to be within 1m of each other for more than 3 minutes at a time or more than 15 minutes accumulated in a training session.

Masks are to be worn whenever practitioners might come within 1m of each other.

Plastic mouth shields are to be incorporated into *men* (head protective equipment).

Each group to be split into sub-groups of no more than 6, with no inter-mingling of sub-groups permitted during the session.

Participants to get changed at home rather than using changing facilities at the venue.